

Refugee Suicide Prevention Poster

Purpose

Refugee Health Technical Assistance Center (RHTAC) created the Refugee Suicide Prevention Training Toolkit and poster in response to reports of suicides among resettled Bhutanese refugees. The poster is designed to raise awareness about suicide in refugee communities and encourage gatekeepers to help refugees in suicidal crisis or emotional distress.

Primary Audience

The poster's primary audience is gatekeepers. Gatekeepers are individuals who come into regular contact with and are respected and trusted by refugees in their communities (case managers, ESL teachers, counselors, community health workers, teacher aides, ethnic community-based organization members, nurses, etc.).

Display and Dissemination

Inform gatekeepers about the purpose of the poster before placing it on display. Hang the poster where it will be viewed by gatekeepers in places such as resettlement agencies, classrooms, staff meeting rooms, offices, and community outreach rooms. Disseminate the poster at meetings and conferences that convene gatekeepers. The poster can also be provided to gatekeepers after a staff meeting or training on suicide prevention.

Printing

PDF files of the poster are available for free download from the RHTAC website. Visit www.refugeehealthta.org/suicidepreventiontoolkit and scroll down to the section called "Poster". Then download and print the poster in full color on 8.5 by 11 inch paper.

Resources

The National Suicide Prevention Lifeline number is listed at the bottom of the poster as a resource for gatekeepers when they encounter someone who is in emotional distress or suicidal crisis. People experiencing a suicidal crisis can also call the National Suicide Prevention Lifeline. It is recommended that non-English speaking refugees call the Lifeline with a trained interpreter who can help them communicate with the English-speaking Lifeline counselors.

To access refugee suicide prevention information and the RHTAC Refugee Suicide Prevention Training Toolkit, go to www.refugeehealthta.org/suicidepreventiontoolkit

Contact RHTAC

Please send any questions or comments about the Refugee Suicide Prevention Training Toolkit and poster to refugeehealthta@jsi.com